

Toastie Tatts Tittle Tattle

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Letter from the Editor,

Congratulations to Keith Anderson who was awarded 'Runner Up' in the Division Evaluations Contest. The club is holding another Speech-a-thon this month the last Tuesday of April. Then there will be time to take a deep breath before writing that award winning Tall Tale for our club contest to be held mid year. Club officer elections will be held in May.

Any suggestions, questions and contributions welcome and only an email away: vppr@citytattersallstm.org.au Julia Sztaba.

PAST AND FUTURE EVENTS.

AREA and DIVISION CONTESTS : Congratulations to both Keith Anderson (Evaluations Contest) and Dennis Szabo (International Contest) in representing the club at the Area Contest. Congratulations to Keith Anderson who continued to represent us at the Division Contest and was awarded the 'Runner UP' award.

Attending Area, Division and District Contests is an opportunity to support fellow toastmasters as well as an opportunity to meet members of other clubs. The District Contest will be held at the Annual Conference to be held in Penrith this month. Towards the end of the year in the month of September we will be holding our club Humorous and Table Topics Contest. Once again winners of these contests will be asked to represent the club at the Area Contest.

We have had this year, I am sure you will all agree to date many prepared speeches that have filled the room at City Tattersalls with laughter. Sounds like we are ready for the Humorous speech contest already. Before the next contests there is a lot to be done for example, our speech-a-thon to be held at the end of this month, our executive committee elections to be held in May and our Tall Tales Contest Mid-year!

Once again, as a reminder, Toastmasters provides the opportunity for you as an individual to develop confidence and new skills. Becoming a club officer is a rewarding experience that requires only a little extra time from you. The positions to be filled are: President, VP Education, VP Membership, VP Public Relations, Treasurer, Secretary, Sergeant at Arms. Joanna Geary recently presented an educational about both all the assigned roles within a meeting and defined club officer responsibilities. It is all about teamwork Joanna reminds us. As a team we can see to an entertaining and enjoyable meeting.

A simple quiz – There are _____ club officer positions to be filled. The _____ is responsible for the whole performance of the club. Our programmes are designed by the _____ who is also responsible for signing our manuals at the completing of each project completed. Visitor enquiries are handled by the _____ and our newsletters are designed by the _____. We report to the _____ to pay our fees. The _____ opens each meeting and the _____ tends to correspondence and some administrative duties. The _____ also maintains an active role within the club.

Budding Club Officers! -

EXECUTIVE COMMITTEE

ELECTIONS are only a month away to be held in May! Are you participating actively at every fortnight meeting but fell you would like to gain more. Becoming a club officer is an opportunity to enhance and develop new skills. You will find a full description of the club officer roles in your manual, past newsletters and our website.

A warm welcome to our New Members :
Amr Bakry
Who joined the club last month

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A Toastmaster Experience:

A Toastmaster Experience: **Steve Dick**

When/Where/How did you first hear about Toastmasters?

In the 1990's I attended a public speaking workshop the WEA organised. Mr Nance who led the workshop motivated us all to consider joining a Toastmasters club to continue to practise speaking. I kept this at the back of my mind.

When did you join?

It would be now about five years ago when I initially became a member of City Tattersalls Toastmasters Club.

Why did you join?

A friend of mine asked me to be Master of Ceremonies at his daughter's wedding. Remembering Mr Nance's last words from the WEA course, "... to join a toastmasters club", I spoke to Bob Joseph and visited two Toastmasters Clubs in Sydney.

I became a member of this club and I was invited to be Master of Ceremonies at my friend's next daughter's wedding as well. (Although there is no second wedding imminent yet!).

Have you achieved what you set out to do?

No! I do have a long way to go. You can always improve on what you are doing.

What has kept you motivated as a member of a Toastmasters Club?

It is a good programme for building confidence to learn to be able to talk in front of people in a paced manner instead of babbling.

What could you advise to others?

Well recommended – A place where you can control your speaking nerves, learn to deal with the adrenalin rush and the concept of fight or flight. It is a place to learn to project your voice, steady your pace to speak more slowly.

Club Officer Role

VP Education - Simon McDonald McGregor

Each year new club officers are appointed to represent and manage the club.

Simon responsibilities and duties entail:

- *Managing all educational programmes within the club, that is, plan, organize and implement meeting schedules to include speeches and educational modules.*
- *Signing your manual on completion of each and every project. Remember to ask him to sign your manual.*
- *Ensures that all members are working towards achieving their own personally set goals.*
- *Attends Committee Meetings.*
- *Attends Club officer training sessions.*

MEETING ROLES AND RESPONSIBILITIES

TIMER

One of the lessons to be practiced in speech training is that of expressing a thought within a specific time. The timer is the member responsible for keeping track of time.

Prior to the meeting:

Confirm time required for each prepared speech with the speakers.

Set up the light box, check the red, amber and green lights do not need to be replaced.

During the meeting:

Signal each program participant as indicated below. Signal the chairman, toastmaster and table topics master with a red light when they have reached their allotted or agreed upon time.

Record each participants name and time used. Present the timers report.

End of meeting:

Return equipment to Sergeant at Arms.

Refer to your Competent Communicator Manual and our City Tattersalls Toastmasters Website for greater detail.

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Quite often as soon as a meeting has ended so too do we forget some of the great speeches presented. Here is a brief outline of two well-presented speeches.

THE INTERNET IS STEALING YOUR LIFE:

Presenter: Joseph Jose, 11th March 2008

I have confession to make. I am addicted. It is a first rate addiction. A love-hate relationship and Joseph continues to say just like T.V. I can spend countless hours in front of the computer.

This is Joseph's second completed prepared speech. He left us all with words of wisdom on how to overcome your internet addiction. He did off -course

- Describing people that are most susceptible to internet addiction.
- The qualities of the internet that make it so addictive.
- Tips and tricks on how to use it more effectively.

The three tips:

- 1). Have a purpose –e.g. weather, sporting tip.
- 2). A Time limit – unlike T.V. with 30min segment shows the internet...
- 3). Don't always email – move away from the computer and establish human contact.

Olympics in Beijing, China

Presenter: Ting Yu, 25th March 2008

Only 130 days to the opening of the Olympics. Three main points of discussion were:

1. The FIVE mascots as opposed to only two mascots use at the Athens Olympics.
2. Building the National Aquatic Centre: "of bubbles transparent, beautiful by day and night!"
3. The Medals presented will be made of jade and gold as opposed to the traditional, gold, silver and bronze.

Answers to the Quiz: 1. Nine, 2. President, 3. VP Education, 4. VP Membership, 5, VP Public relations, 6. Treasurer, 7. Sergeant at Arms, 9. Secretary, 9. Past President.

DISTINGUISHED CLUB PROGRAM As a team our efforts are rewarded.

1. Two CC's – Luke Liria, Ting Yu
2. Two more CC's – Rohan Jarvis, Grace Zheng
3. One ACB, ACS, ACG – Julia Sztaba.
4. One more ACB, ACS, OR ACG -
5. One CL, ALB, ALS, OR ACG – Dennis Szabo
6. One more CL, ALB, ALS OR DTM – Joanna Geary
7. Four new members – Yes
8. Four more new members – Yes
9. Minimum of four officers trained each training period – Yes
10. One dues renewal invoice and one officer list submitted on time – Yes.

Membership requirement – At least 20 members or net growth of at least five new members.

RECOGNITION – Clubs that meet the membership requirement and do the following earn recognition.

Achieve 5 of 10 goals above – Distinguished Club

Achieve 7 of 10 goals – Select Distinguished Club

Achieve 9 of 10 goals – President's Distinguished Club

Dates For Your Diary

Club Events

April 2008
 Speech-a-thon

District Events

Sunday Seminars

Bankstown Sports Club, Greenfield Parade

"Running a club Speech craft."

(Remember to book in advance)

4th May 2008.

Annual Conference March 2008

Panthers World of Entertainment, Mulgoa Road, Penrith

Theme is "We are One, We are Many"

Special Guest Toastmaster International President,

Chris Ford from Ontario, Canada.

Thursday 10th -13th April 2008.

DISTRICT 70 CHANGE-OVER DINNER

To be held Saturday 28th June 2008.

www.d70toastmasters.org